



## Advice for Parents

The most important advice we can offer is to remain calm and explain to your child, in an age-appropriate way, that schools are closing in an effort to slow the spread of this virus in the wider community.

You may want to declare the first day off a 'faux snow day'. Allow your child to sleep in, and do the spring equivalent of building a snowman. Enjoy the freedom that comes with an unscheduled break.

For day two, think about what will work for your family. Children thrive with predictable, consistent routines at home (and at school), as this gives them a sense of security, and helps their well-being.

Decide what aspects of the daily routine will stay the same: wake-up time should not slide too late, despite what your child might prefer. Even if you allow them to sleep in a bit, make sure they are up, dressed and ready by when the school day would normally begin.

We will be contacting you soon with more details about how we will support your child to continue with their learning.

Serve lunch at the same time as it would be at school, and encourage your child to use that break as a time to relax.

We have sent home resource packs, to support your child's learning. Each pack also provides about a week's work. These include details of suggested online resources. However, please be cautious about how much time your child spends on a device. Please ensure that what they are watching, playing and reading is high-quality, age-appropriate and safe - and join in with them, wherever possible. Try to include time for reading for pleasure every day.

As well as the more formal sessions, linked to the home learning resources we have already sent home, please ensure that each day has some creative time: this could include drawing, painting, junk modelling, singing, dancing and cooking.

The aim is to feed your child's curiosity and desire to learn: making time for discussing things which interest them can be very powerful.

