







# Safeguarding Spotlight



Welcome to our first edition of our new safeguarding newsletter for parents. Through these monthly newsletters we aim to share resources, guidance and support to families around key themes, as well as signposting you to any additional external support.

## Who do I contact if I need support or have questions relating to safeguarding?

We have a large safeguarding team in school who are available and trained to support with any concerns or worries you may have. These members of staff are often on duty on our school gates at the beginning and end of the school day. You can also contact them via the [admin@placefarm.org.uk](mailto:admin@placefarm.org.uk) email address. For any specific safeguarding concerns, we also have our designated email address: [PlaceFarmSafeguarding@placefarm.org.uk](mailto:PlaceFarmSafeguarding@placefarm.org.uk)

					
Mrs Lisa McConnell	Mrs Jane Sendall	Mrs Lucy Kidd	Mr Daniel Gudgeon	Mr Mike Lewis	Mrs Abbey Payne
Head of School/ Designated Safeguarding Lead	Executive Headteacher/ Deputy DSL	SENDCo/ Designated Teacher for looked-after and previously looked-after children/DDSL	Deputy Headteacher/ Deputy DSL	Deputy Headteacher/ Deputy DSL	Associate AHT/Deputy DSL
01440 702836	01440 702836	01440 702836	01440 702836	01440 702836	01440 702836

	
Mrs Sue Bavester	Mrs Sarah Franks
Children and Family Support Manager/ Deputy DSL	PA to Executive Headteacher/ Deputy DSL
01440 702836	01440 702836

We also have safeguarding representatives on our governing body, and also within our trust. These can be seen on our website: <https://placefarm.org.uk/safeguarding>

## Spotlight on Domestic Abuse:

Domestic abuse, also called 'domestic violence' or 'intimate partner violence' can be defined as a pattern of behavior in any relationship that is used to gain or maintain power and control over an intimate partner.

This includes any behaviors that frighten, intimidate, terrorize, manipulate, hurt, humiliate, blame, injure, or wound someone.

Domestic abuse can include, but is not limited to, the following:

- Coercive control (a pattern of intimidation, degradation, isolation and control with the use or threat of physical or sexual violence)
- Psychological and/or emotional abuse
- Physical or sexual abuse
- Financial or economic abuse
- Harrassment or stalking
- Online or digital abuse.



Domestic abuse can happen to anyone of any race, age, sexual orientation, religion, or gender. It can occur within a range of relationships including couples who are married, living together or dating.

Domestic violence affects people of all socioeconomic backgrounds and education levels.

Victims of domestic abuse may also include a child or other relative, or any other household member. (Definition provided by the United Nations).

Living in a home where domestic abuse happens can have a serious impact on a child's mental and physical well-being, as well as their behaviour. This can also last into adulthood.

If you are experiencing domestic abuse, or know of someone who may be, you can contact the following for advice and support:

National Domestic Violence Helpline: 0808 2000 247 A 24 hour free helpline run in partnership between Women's Aid and Refuge. <https://www.womensaid.org.uk/information-support/>

Men's Advice Line: <https://mensadviceline.org.uk/>

**Useful contacts:**

**Young Minds:** <https://www.youngminds.org.uk/>

**Haverhill REACH:** <https://www.reachcp.org.uk/> Phone: 0800 009 6710

Email: [info@reachhaverhill.org.uk](mailto:info@reachhaverhill.org.uk)

**Mind:** Adult mental health support: <https://www.mind.org.uk/> Support Line [0300 102 1234](tel:03001021234)

Information line: [0300 123 3393](tel:03001233393)

Please visit our school website for further links and support for families:

<https://placefarm.org.uk/safeguarding>

<https://placefarm.org.uk/files/Safeguarding/links-to-resources-for-parents-mental-health-and-wellbeing.pdf>



# What Parents & Carers Need to Know about DISNEY+

## WHAT ARE THE RISKS?

The Walt Disney Company's streaming service, Disney+ combines entertainment from the famous animation studio itself with Pixar, Star and National Geographic, plus the Marvel and Star Wars franchises. With access to the latest releases, Disney classics and original series, there's plenty of content to explore. While parents may have noted that adverts have now been introduced on some versions of the service, the platform is – unsurprisingly for a Disney product – designed to be appropriate for the whole family.

## LESS SUITABLE CONTENT

While Disney+ is predominantly family friendly, there are some movies and shows in its library which are aimed at an older audience: these may scare younger ones or contain themes or language that you'd rather your child wasn't exposed to. You could avoid such situations by enabling Junior Mode (see 'Adjust content settings', below) or specifying a content age rating for your child's profile.

Do\*#!

## BINGE WATCHING

With the option to view content on any internet-enabled device and a growing catalogue of movies, cartoons and documentaries, Disney+ can make managing screen time difficult. This could result in children binge watching content, distracting them from activities like homework or socialising. Too much screen time has also been shown to negatively impact mood, sleep patterns and weight.

## PHISHING EMAILS

Be especially cautious if you receive emails or text messages purporting to be from Disney+. There have been numerous reports of online scammers impersonating Disney+ staff in an attempt to gain access to subscribers' personal information. Disney+ states it will never email or call customers asking for their payment details, their private information or their password.

## ENCROACHING ADVERTS

Disney+ has introduced a new subscription package – Disney+ Standard with Ads – which plays commercials before movies and during shows (like many TV channels). There are no adverts in Junior Mode, but profiles with a content rating of 6+ years will see ads appropriate for that age category. Adults who give consent will see personalised adverts based on their location and viewing history.

## ACCESSING ADULTS' PROFILES

If adults don't set a PIN for their profile, children could access it and encounter content which isn't age appropriate. In the settings, Junior Mode has a toggle titled 'Kid-Proof Exit' which requires the user to read four words (numbers, spelled out) and enter them to switch profiles. For older children who can read, though, this isn't secure enough – so using a PIN for adult profiles is recommended.

## Advice for Parents & Carers

### ADJUST CONTENT SETTINGS

When setting up an account, there's an option to create profiles in what's called Junior Mode. This generally covers material that's suitable for children up to age 6 and is therefore fairly limited. You can give older children a wider choice of viewing by building a standard profile, then going into the settings and choosing a content rating from one of the pre-set alternatives: 6+, 9+, 12+ or 14+.



### ADD PIN PROTECTION

Disney+ enables you to effectively lock profiles behind a four-digit PIN. In particular, some of the shows on the platform's Star content hub are far more oriented to adults (including several hard-hitting dramas from US networks), so protecting parents' or older siblings' profiles with a PIN will help to prevent younger children stumbling across material which isn't intended for them.



### TURN OFF AUTO-PLAY

When a cartoon, show or movie finishes, Disney+ uses algorithms to identify content with similar themes, which it thinks your child will also enjoy. This suggestion will then automatically begin to play by default. There's an option to turn off this auto-play function in the profile settings, which will encourage your child to take a break from the screen and move on to a different activity.



### ENJOY AS A FAMILY

When your child watches a movie or show on Disney+ for the first time, you may want to sit with them to ensure it's suitable. You could do the same when introducing them to older films that you haven't seen for years: your perception of what's appropriate has very probably changed, and some of the language and attitudes in movies from your own childhood may seem quite shocking today.



## Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

Source: [https://help.disneyplus.com/csp?id=csp\\_article\\_content&sys\\_kb\\_id=ff9b6dd342b4c995013eac613910270100a1](https://help.disneyplus.com/csp?id=csp_article_content&sys_kb_id=ff9b6dd342b4c995013eac613910270100a1) / [https://help.disneyplus.com/csp?id=csp\\_article\\_content&sys\\_kb\\_id=ff9b6dd342b4c995013eac613910270100a1](https://help.disneyplus.com/csp?id=csp_article_content&sys_kb_id=ff9b6dd342b4c995013eac613910270100a1)



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