

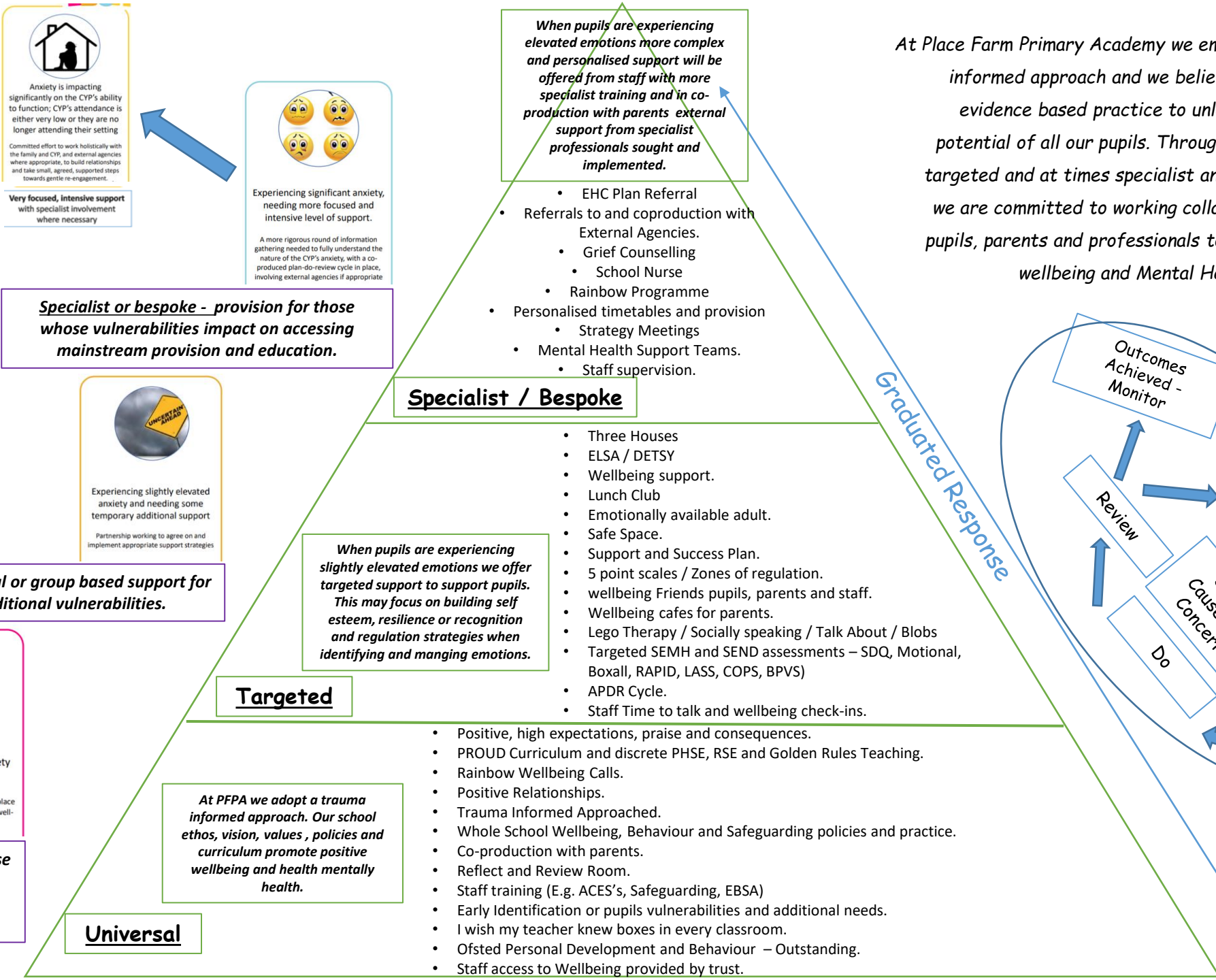


# Place Farm Primary Academy

## Emotional and Mental Health

### Graduated Response

(Examples not an extensive list of the possible provision available)



**Very focused, intensive support with specialist involvement where necessary**

Anxiety is impacting significantly on the CYP's ability to function: CYP's attendance is either very low or they are no longer attending their setting

Committed effort to work holistically with the family and CYP, and external agencies where appropriate, to build relationships and take small, agreed, supported steps towards gentle re-engagement...

Experiencing significant anxiety, needing more focused and intensive level of support.

A more rigorous round of information gathering needed to fully understand the nature of the CYP's anxiety, with a co-produced plan-do-review cycle in place, involving external agencies if appropriate

*When pupils are experiencing elevated emotions more complex and personalised support will be offered from staff with more specialist training and in co-production with parents external support from specialist professionals sought and implemented.*

- EHC Plan Referral
- Referrals to and coproduction with External Agencies.
  - Grief Counselling
  - School Nurse
  - Rainbow Programme
- Personalised timetables and provision
  - Strategy Meetings
- Mental Health Support Teams.
  - Staff supervision.

**Specialist or bespoke - provision for those whose vulnerabilities impact on accessing mainstream provision and education.**

Experiencing slightly elevated anxiety and needing some temporary additional support

Partnership working to agree on and implement appropriate support strategies

*When pupils are experiencing slightly elevated emotions we offer targeted support to support pupils. This may focus on building self esteem, resilience or recognition and regulation strategies when identifying and managing emotions.*

### Specialist / Bespoke

- Three Houses
- ELSA / DETSY
- Wellbeing support.
- Lunch Club
- Emotionally available adult.
- Safe Space.
- Support and Success Plan.
- 5 point scales / Zones of regulation.
- wellbeing Friends pupils, parents and staff.
- Wellbeing cafes for parents.
- Lego Therapy / Socially speaking / Talk About / Blobs
- Targeted SEMH and SEND assessments – SDQ, Motional, Boxall, RAPID, LASS, COPS, BPVS)
- APDR Cycle.
- Staff Time to talk and wellbeing check-ins.

**Targeted – Individual or group based support for those with additional vulnerabilities.**

Experiencing 'normal' anxiety and recovering from it

Whole school systems & practices in place to promote good mental health and well-being

*At PFPA we adopt a trauma informed approach. Our school ethos, vision, values, policies and curriculum promote positive wellbeing and health mentally health.*

### Universal

**Universal - Schoolwide efforts to raise awareness and support all pupils including those with additional vulnerabilities.**

At Place Farm Primary Academy we embed the trauma informed approach and we believe in adopting evidence based practice to unlock the true potential of all our pupils. Through our universal, targeted and at times specialist and bespoke offer we are committed to working collaboratively with pupils, parents and professionals to enable positive wellbeing and Mental Health.

